STEP 7: ROUTE CABLES

Route monitor cables starting from Monitor going to Track
a. The M8 includes a cable management system to keep monitor cables organized and protected. Start by inserting cables into Cable Covers.
b. Route cables inside each arm. Place Arm Covers on so that the grooves interlock. Slide Arm Cover up until it snaps in place.

Keyboard and Mouse Cables
c. The Keyboard Arm includes a cable management system underneath the Keyboard Arm to keep keyboard cables organized and protected. Start by inserting cables into the top of the Upper Arm.
d. Route cables inside each arm. Place Arm Covers on so that the grooves interlock. Slide Arm Cover up until it snaps in place.

Route all cables through Track
a. Remove cable management covers on one side of Track. Insert monitor cables into the groove of Track. Replace cable management covers.

NOTE: Where monitor cables exit Track should be determined by the location of your CPU and nearest outlet.

Keyboard and Mouse Cables
b. The Keyboard Arm includes a cable management system (underneath the Keyboard Arm) to keep keyboard cables organized and protected. Start by inserting cables into the top of the Upper Arm.
d. Route cables inside each arm. Place Arm Covers on so that the grooves interlock. Slide Arm Cover up until it snaps in place.

V/Flex Installation Instructions

V/Flex Installation Hardware

- Electric drill
- (4) Keyboard Tray Screws
- (4) Plastic Spacers
- (4) Extended VESA Bracket Screws
- (4) 3M Dual Lock Coins
- Hex Key A (2 mm)
- Hex Key B (2.5 mm)
- Hex Key C (3 mm)
- Hex Key D (4 mm)
- Hex Key E (5 mm)
- (5) Track Mounting Screws (for mounting on metal stud)
- (5) Track Mounting Screws (for mounting on metal stud)

Additional Hardware Required

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**STEP 1: MOUNT TRACK TO WALL**

a. For new construction, Track can be mounted to a wall stud or mounting board. For existing construction, test the wall by drilling a pilot hole to determine what fasteners are most suitable for installation. Be sure to drill the pilot hole in a spot that will be covered by the Track.

**RECOMMENDATIONS:**
- For wood – Use 2” #12 (M5.5, 50mm) flat-head wood screws.
- For metal – Use 2½” #12 (M5.5, 65mm) flat-head self-tapping screws. (Provided)
- For drywall – Use 3/16” (M) flat-head toggle bolts.

**WHEN USING MONITOR AND KEYBOARD ARMS:**
- Choose the desired hole location for top fastener, ideally 68” (170cm) off the floor. Drill hole and install appropriate fastener.
- Hold Track against the wall and fasten using the appropriate fastener through the top pre-drilled hole on track.
- Use level to ensure Track is perfectly plumb. Mark the other 4 mounting hole locations.
- Pre-drill the 4 remaining mounting holes and install appropriate fastener.
- Fasten Track with appropriate fasteners in the remaining mounting holes. Be sure to fully tighten so fastener heads do not protrude beyond Track surface.

**WHEN USING SOLO ARM ON THE LOW MOUNT:**
- Choose the desired hole location for top fastener, ideally 43” (110cm) off the floor. Drill hole and install appropriate fastener.
- Hold Track against the wall and fasten using the appropriate fastener through the top pre-drilled hole on track.
- Use level to ensure Track is perfectly plumb. Mark the other 4 mounting hole locations.
- Pre-drill the 4 remaining mounting holes and install appropriate fastener.
- Fasten Track with appropriate fasteners in the remaining mounting holes. Be sure to fully tighten so fastener heads do not protrude beyond Track surface.

**WHEN USING SOLO ARM ON THE HIGH MOUNT:**
- Choose the desired hole location for top fastener, ideally 52” (132cm) off the floor. Drill hole and install appropriate fastener.
- Hold Track against the wall and fasten using the appropriate fastener through the top pre-drilled hole on track.
- Use level to ensure Track is perfectly plumb. Mark the other 4 mounting hole locations.
- Pre-drill the 4 remaining mounting holes and install appropriate fastener.
- Fasten Track with appropriate fasteners in the remaining mounting holes. Be sure to fully tighten so fastener heads do not protrude beyond Track surface.

**STEP 2: ATTACH MONITOR AND KEYBOARD ARMS**

**Attach Monitor Arm**
- a. Remove Set Screws on Arm Mounts.
- b. Drop pin of Monitor Arm into hole of upper Arm Mount. Screw in the Set Screw with Hex Key B.

**Attach Keyboard Arm**
- c. Drop pin of Keyboard Arm into hole of lower Arm Mount. Screw in the Set Screw.
- d. Insert Threaded Screw attached to the length of Cable (A) into the hole in Arm Mount. Tighten Fully.
- e. Try rotating Release Handle (B) to ensure it functions properly. Arm should move up and down track freely when the Release Handle is rotated.

**Note:** If necessary, adjust cable tension using adjustment where cable exits Release Handle (C) and at the point where it connects to Track (D). Additional cable tension can be achieved by tightening the screw on Mount (E).

**Attach Solo Arm**
- f. Drop pin of Solo Arm into hole of Arm Mount. Screw in the Set Screw.

**STEP 3: ATTACH KEYBOARD TRAY TO KEYBOARD ARM**

**a. Place (4) 3M Dual Lock Coins on the underside of Keyboard.**
**b. Once attached, remove the film from the exposed sides of Dual Lock Coins and attach Keyboard Tray.**

**STEP 4: ATTACH KEYBOARD TO KEYBOARD TRAY**

**a. Place (4) 3M Dual Lock Coins on the underside of Keyboard.**
**b. Once attached, remove the film from the exposed sides of Dual Lock Coins and attach Keyboard Tray.**

**STEP 5: ATTACH VISA BRACKET TO MONITOR**

**a. Place VESA Bracket in position on back of monitor with clips (10) on the left and right.**
**b. Insert VESA Mounting screws (12) through the top pre-drilled hole on Track.**
**c. Fasten VESA Bracket screws (12) through the top pre-drilled hole on Track.**
**d. Tighten VESA Bracket screws (12) through the top pre-drilled hole on Track.**
**e. Place (4) 3M Dual Lock Coins on the underside of Keyboard.**
**f. Once attached, remove the film from the exposed sides of Dual Lock Coins and attach Keyboard Tray.**

**STEP 6: ATTACH MONITOR TO MONITOR ARM**

**a. Slide VESA Bracket into Ball Joint until it clicks.**
**b. To remove, depress Quick-Release Tab and slide monitor up and away from Arm.**
**c. If security is required, tighten Security Screw using Hex Key A.**
**d. Monitor should ride up and down effortlessly and stay in position when set. If Monitor tends to drift up or down, tension may be adjusted via the two center screws (E) on the white plastic slide on each side of Mount. Using Hex Key located under Keyboard Tray, loosen screws to increase tension and tighten screws to decrease tension.**

**Note:** Do NOT adjust top or bottom screw.